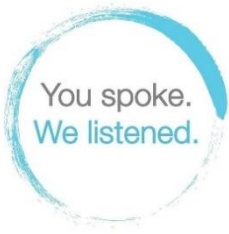




## Family Town Hall

### COVID-19: Open Forum for Parents and Caregivers

#### 2020 Summer Series



During this challenging time, Quality Trust heard the concerns and needs of DC parents and caregivers of family members with disabilities at the first Quality Trust Family Town Hall in May. Based on feedback of the participating parents and caregivers, Quality Trust has listened by offering the 2020 Summer Series of Town Halls on the most important topics to you and your family members whom you love and support.

**ALL DC parents and caregivers are welcome  
to join us as we kick off the QT Summer Series...**

***Know Your Rights: Supporting People with Disabilities Facing Hospital Visitor Bans  
Tuesday, June 23, 2020, 2:00 p.m. – 3:00 p.m.***

We are living in a time where hospitals are enforcing stricter bans on visitors for people in their care. However, people with disabilities who are separated from their supporters may not be able to communicate important health information to hospital staff, such as their symptoms, current medications, and health history. They also may need other kinds of support that hospital staff are unable to effectively provide. Being deprived of such support could negatively impact the quality of the health care people with disabilities receive and their overall health outcomes. Join us for this webinar to learn how you can advocate for exceptions to be made to no-visitor policies for people who need a supporter with them at the hospital because of their disability.

Click the link to register... <https://attendee.gotowebinar.com/register/4093536073768924943>

**Note that details to follow of the upcoming town halls. Mark your calendars accordingly.**

***Supporting the Mental Health of the Caregiver Part I-Identifying Stress and Trauma  
Monday, June 29, 2020, 2:00 p.m.-3:30 p.m.***

***Supporting the Mental Health of the Caregiver Part II -Expressing your Self-Care  
Monday, July 13, 2020, 2:00 p.m.-3:30 p.m.***

***Navigating Through COVID-19 to Advocate for your Child's Education  
Monday, July 27, 2020, 2:00 p.m. – 3:30 p.m.***

***If you have any questions or concerns, feel free to contact **Rhonda White, Family and Community Engagement Liaison**, [rwhite@dcqualitytrust.org](mailto:rwhite@dcqualitytrust.org), (202)302-6635.***