The National Alliance to Advance Adolescent Health is a nonprofit organization whose mission is to achieve long-term, systemic improvements in comprehensive health care and insurance coverage for adolescents. The organization works to promote effective transitions from pediatric to adult health care as part of its [Got Transition program](http://www.gottransition.org), the federally-funded national resource center on health care transition.

Resources for Are You Ready to Transition to Adult Health Care? Helping Youth and Young Adults with the Transition Process:

* Health Care Transition Readiness Assessment for Students: <https://gottransition.org/resource/?tra-iep-english>
* Health Care Transition Timeline: <https://gottransition.org/resource/?hct-timeline-youth-young-adults>
* Questions to Ask Your Doctor About Transitioning to Adult Health Care: <https://gottransition.org/resource/?hct-questions-ask-doctor-youth>
* Planning to Move from Pediatric to Adult Care? Here's How They Can Differ: <https://gottransition.org/resource/?pediatric-vs-adult-care-differences>
* Turning 18: What it Means for Your Health: <https://gottransition.org/resource/?turning-18-english>
* Setting up the “Medical ID” on your Smartphone: <https://gottransition.org/resource/?setting-up-medical-id-smartphones>

Are you ready to transition to adult health care? Take the online quiz to find out! -- <https://gottransition.org/youth-and-young-adults/hct-quiz.cfm>

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