

# ADAPTIVE PHYSICAL ACTIVITY

Virtual Webinar

March 3, 2021 2-3 p.m.

The Parent Navigator Program

Partnering with

The Office of the State Superintendent of  
Education (OSSE)

Anyone is welcome to attend!  
Registration Required

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Presentation will be focused on helping  
**Families of Children with Special Needs**  
integrate Physical Activity into their  
daily routine.

This presentation will:

- Discuss adaptive physical activity techniques and resources.
- Provide demonstrations for families to support their child's physical activity while in the stay-at-home environment.

## Presenters:



**Michelle Jiggetts, M.D., M.S., M.B.A**  
Program Administrator  
Parent Navigator Program  
Children's National Hospital



**Charles Rominiyi**  
Health Education Manager  
Office of the State Superintendent of Education



**Jermar Rountree**  
Lead Physical Education Teacher  
Center City Public Charter School

